



Capital Area Human Services District
CAPITAL AREA HUMAN SERVICES DISTRICT

2019 Update on the Behavioral Health Landscape in the Greater Baton Rouge Area

MHA & VOA 2nd Annual Conference
April 8-9, 2019

Capital Area Human Services

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Areas to be Addressed*

1. Opioid Response Plan Development
2. Opioid Prevention and Treatment Services
3. Child Focused BH Services
4. Integrating BH and Primary Care
5. Adult BH Crisis Focused Services
6. Justice Involved Laws, Contracts and Services
7. Outcomes Measures and EBP Implementation
8. RFP for Medicaid MCOs, Enrollment 12/1/19

* Not All Inclusive

Opioid Response Plans

- HOPE Council - Statewide focus on laws, policy & Medicaid funding.
- Community-wide Response to the Opioid Epidemic” CAHS/BH collaborative
 - Cross-sector, nine focus areas.
- BR Health District Opioid Taskforce
 - Opioid Taskforce focused on hospital based prescribing practices. Note: BCBS/Medicaid saw decreases in fast acting scripts by 28%. Also provider, patient and family training/education, prevention of NAS and advocating for increased EB treatment.

Opioid Prevention, Treatment, Svs

- La State Targeted Response (La STR)
 - Prevention/Referral & Expansion of MAT
 - Narcan Distribution (2k)/Grief Counseling Groups/Recovery Supports

- La State Opioid Response Program (La SOR)
 - Media/Prevention: Generation Rx/Rx Take Back
 - Mobile Outreach/Scat Teams/Narcan Distribution
 - Expanded MAT in Community and Prisons
 - Tx for Opioid Addicted Preg. Women and their Children - Case Mgt. and Recovery House
 - On-line physician consultations by Tulane

Opioid Prevention, Treatment & Services

- OPAL: Opioid Prevention Alliance for Ladies & Girls - CAHS (OWH/DHHS)
 - Education, Training, Media Campaign
 - Medication Take-back: “Be a Hero”
- GRACE: Guiding Recovery & Creating Empowerment for Pregnant Women w/Opioid Use Disorder - Woman’s Hospital (United Health Foundation)
 - Care coordination to opioid addicted expectant mothers & after delivery

Child Focused BH Services

- Parent Child Interactive Training (PCIT)
Implemented at CAHS (United HC)
 - Professional training and certification in EBP for young children. Monitors/mentors parents
- Positive Parenting Program (Triple P)
 - Equips parents with skills to be able to manage family problems. Builds on positive relationships.
- Child-Parent Psychotherapy (CPP), Addressing the Child's Trauma Response.
 - Supports and strengthen the relationship of the child (0-5) and care giver.

Child Focused BH Services

- Transformational Transfer Initiative (TTI) - LDH/OBH/OCDD/HHS SAMHSA
 - Professional training, mentoring and certification.
Increased access for children w/Intellectual Dis./SED
- Strategic Prevention Framework – SAMHSA/CAHS
 - Focus on underage drinking in West Feliciana.
- CAHS School Based BH Svs – 44 Schools
 - Continues to expand as invited

Integrating BH and Primary Care

- CAHS/OHCC (SAMHSA)
 - Provide integrated services w/in largest MH/ARS Clinic, establish medical home.

- BCBS Quality Blue Initiative: CAHS & BR Clinic
 - Implement BH svcs in largest multi-specialty clinic as pilot for statewide model.

- CAHS/OHCC Co-location, North Baton Rouge
 - MDMHC, CAHS to move to Howell Place

Adult BH Crisis Services

■ AOT Law Update

- Regional panel of providers established. CAHS has key responsibility and oversight. Note: OPC increased by 120 since 2016.

■ CIT Training - CAHS

- Provides free of Charge (3) 40 hr institutes/year. All BRPD Cadets now being trained. Police/Sheriff/P&P

■ Bridge Center

- Tax passed, CEA approved, SOP being completed.
- Board to release SOP shortly.

Adult BH Crisis Services

- My Choice (LDH/OBH/DOJ)
 - Voluntary de-institutionalization of adults (4k) w/SMI residing in NH through self-determination and choice. Note: over 225 assessed, 65 transitioning, 24 completed.
 - Initiative includes the development of a statewide crisis continuum; OBH letting an RFI on system proposals in a few weeks.

Justice Involved Services

- Comprehensive Opioid Abuse Program: COAP (OBH/CAHS (DOC)) – In EBRPP to improve post-release and reentry continuity of care and decrease OD and deaths.
 - Opioid focused BH assessment & d/c planning
 - Peer Support - Seeking Safety (EBP) groups & re-entry case management
- DOC/CAHS – (LaSOR) Pre-release & reentry case management, initiate Vivitrol or other.
- Bridge Center, Pre-trial McArthur Grant (EBRPP)
 - For non-violent offenders who present to the prison with mental health and/or substance abuse issues.

Justice Involved Services

- Pre-/Post- Release Fed. Offenders CAHS/BOP
 - Provide MH, ARS and Co-occurring Tx, working closely with P & P. Note: 177 clients in 5 months.

- Justice Reinvestment (DOC)/La-Pri Region 2
 - Gov and NGO providers planning and grant making for Reg 2, focused on full array of reentry services.

- SAMHSA La Planning Initiative/BR and NOLA

- Statewide Crisis Continuum Development-
LDH/OBH/DOJ - My Choice Initiative.

Outcomes Measures and EBP Implementation

- Shatter Proof OBH, Statewide Initiative
 - Establish outcomes measures for all Medicaid funded addiction treatment services.

- Center for Evidence to Practice - Statewide Initiative, OBH/ Medicaid, (LSUHSC-School of Public Health)
 - Identify and provide TA to implement more EBP for children and youth, provide support to maintain fidelity in treatment and to address sustainability.

What Have I Left Out?

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.