



The Mission of the Association is to provide services for persons with or at risk for mental health and substance abuse issues.

Annual Report 2012



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A Letter from the Executive Director

As the saying goes, if there is one constant in life it is change. Over the past 13 years as Executive Director of MHA I have witnessed the ever changing healthcare system that affects those we serve. The uncertainty of the economy and funding for non- profits causes for reflection on where we have been and where we will go in the future as more change is clearly on the horizon.

Today's non-profits face new pressures as we struggle to meet the increased demands for services while we attempt to stay abreast of the decreasing dollars that are needed to provide quality services to our client populations. Saying this, MHA is still finding a way to grow and evolve. We just need to be cautious about how we grow and plan for our future as an organization. One wrong move could be detrimental to us.

For 58 years, MHA has served the needs of individuals suffering with mental health and substance addictions. Still 1 in 4 adults suffer from a diagnosable mental illness in a given year. Children from families with substance abusing parents are more likely to have problems with delinquency and poor school performance. The economic cost of untreated mental illness remains over 100 billion dollars each year in the United States.

Last year MHA served over 4,000 individuals with mental illness and substance abuse. We advocated for, educated, supported and fought for the rights of these individuals. We touched and improved lives daily.

MHA is a unified body defined by those we serve. We are a community of staff, board and volunteers that share a common mission and vision that requires commitment and respect for those most in need. In closing, unlike the changing healthcare system and decreasing funding streams, some things remain the same. Our client needs are constant, as well as our desire to continue to offer extraordinary services and programs. MHA is an organization ***where positive thinking becomes positive living.***

With regards,

Melissa B. Silva

Services to our Clients

Promoting Self –Sufficiency	92	Education and Advocacy	7311
Empowering Others	212	Working towards Financial Stability	150
Referrals	1,200		

About Us

MHA specifically serves individuals who have been treated for any mental or emotional disorder and/or substance abuse, with a special focus on the seriously and chronically mentally ill adult population.

The Alliance House Residential Center is a transitional living facility housing 24 men and women with substance addictions and co-occurring disorders (mental illness and substance abuse). Residents must work full time and are provided board, meals and support services including financial management, job placement and assistance with independent housing. Once a resident completes the six month program staff continue to offer support for an additional twelve months to assist them in maintaining sobriety, employment and independent living.

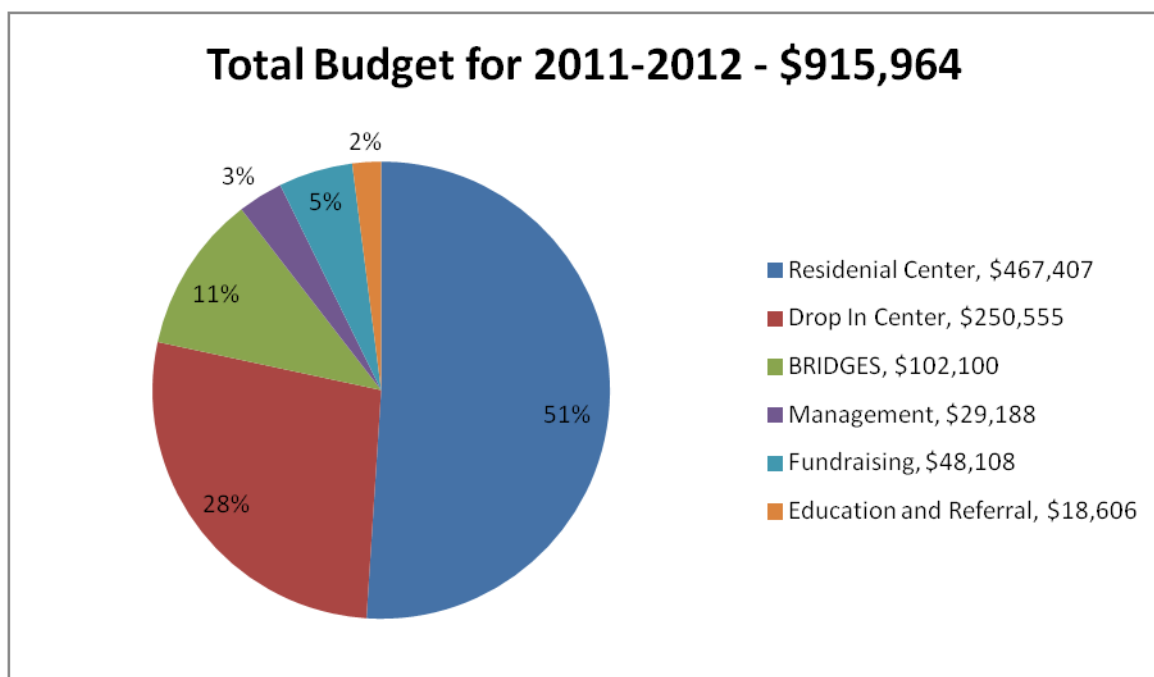
The Alliance House Drop-In Center, our flagship program since 1980, is a day program for adults with chronic mental illness that offers social, educational and recreational activities. These client-run services, operating 8:30 am to 2:30 pm weekdays, help to keep clients mentally stable and out of the hospital.

Consumers Helping Consumers (CHC), operates out of the Drop In Center is a peer to peer support group for adult consumers of mental health services. The goal is to help these vulnerable consumers maintain their mental stability through peer group support.

The **BRIDGES** program provides peer-run educational classes and support groups statewide.

The Independent Living Program provides financial assistance for the prevention of homelessness through settlement grants and rent subsidies.

- In 2011 99% of MHA's Drop In Center Clients remained free of in-patient hospitalization saving the Baton Rouge community more than \$900,000.
- Last year 68% of Residential Center clients served remained alcohol and drug free in independent housing one year post discharge. Nationally only 20% of clients discharged from drug and alcohol programs are drug free 6 months following discharge.
- MHA takes its stewardship seriously as 90 cents of every dollar received directly supports programs and services for persons with mental illness and substance addictions.



2011 - 2012 Friends of MHA

MHA would like to thank all those who support our mission to provide programs and services to those in our community with mental illness and substance addictions. **We appreciate your support!**

Funders

Capital Area Human Services
District
Capital Area United Way
Louisiana Rehabilitative Services
Office of Behavioral Health

Grants

Bishop Ott Works of Mercy
Blue Cross Blue Shield Foundation
Huey and Angelina Wilson
Foundation
Junior League of Baton Rouge
Kirby Family Fund
Quota Club of Baton Rouge
Special Children's Fund

Donations

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Stacy King
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MidSouth Insurance
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Dayne Narretta

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Quota Club of Baton Rouge
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Suzanne Rouvalis
Carla Schild
Allison Shaheen
Evelyn Short
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Gracella Simmons
Joseph Simmons
Gabriella and Marshall St. Amant
Lavettee Thomas
Mrs. Lou Tickle
Martha Watson
Paulette Wells
Marla Williams
Temelle Wilson

Memorials:

A Living Memorial to
Nolan Parrenin
From Elaine Phares

Beat the Odds Casino Night & Silent

Auction:

Sponsors

American Scanning
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Bennett)
ExxonMobil Team Grant (Charles and
Frances Bennett; Ram Bhatia and Richard
and Sue Phillips)
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Greystone Country Club
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Hooter's
Hotel Indigo
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LSU Baseball Office
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Loulee's
Donald Luther
Marucci Sports
Meg and John May
Jill Mulkey
The New Orleans Saints
Nola Couture
Jubo Nordstrom
Painting & Pinot
Paragon Casino & Resort
Park Lane Boutique
Pro-Fit Solutions
Raising Cane's
Jenny and Billy Ridge
Santa Fe Cattle Company
Barry Schexnayndre, Jr/Fish-N-Tell
Charters
Sherri Short
Melissa and Frank Silva
Southwest Airlines
Stroube's Chophouse Restaurant
Tabasco
John Thayer
Steve Thornton
Victoria's Toy Station
Viking Cooking School Outdoors
Zoe's Kitchen

Board of Directors

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Charles Bennett
Renèe Dole
Bob Downing
Cecile Guin
John Pastorek
Harris "Buddy" Pellerin
Carla Schild

Executive Director

Melissa Silva

Staff

Administrative:

Katherine Anders, Bridges Co-Director/ Arts for Wellness staff
Jeff Hingle, Bridges Co-Director/ Educator
Jenny Ridge, Fund Development Specialist
Debbie Raffray, Office Manager
Allison Shaheen, Administrative Assistant to Executive Director

Alliance House Drop In Center

Donald David, Staff
Robert McManus, Coordinator
La'Swanake "Sissy" Robertson, Receptionist
Sarah Leonard, Director
Henry Williams, Staff

Alliance House Residential Center

Nina Burage, Case Worker
Dorothy Clark, Case Worker
Gloria Clark, Cook
Dwayne Davis, Case Worker
Michael George, Case Worker
Shirley Johnson, Administrative Assistant
Weslyn Lewis, Night Manager
Brenda Philson, Admissions/ILP Coordinator
Olivia Shearill, Cook
Rene' Thomas, Director
Bobby Wallace, Night Worker

Advisory Board Members

Wiley Dial
Jack Persac
Larry Reeher
Cindy Wale

Life Board Members

Pat Dial
Udieth Dotson
Ralph Perlman



Community Partner